

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: HN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hofmans Francoise HEADCOACH

Coaches: Ardu Daniel

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 200M BUTTERFLY WOMEN Heat:4, starttime: 09:23

Heat: 4/4 Lane : 8 Athlete: CIRIELLO ILARIA					Q-time: 02:37:39
PB (50m pool): 02:37.39 Charleroi 15/02/2026			PB (25m pool): 02:41.94 SB: 02:37.39 Charleroi 15/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.56	01:14.18	01:55.52	02:37.39	
	00:34.56	00:39.62	00:41.34	00:41.87	
					

Coach feedback:

Event number: 33: 100M BACKSTROKE WOMEN Heat:7, starttime: 10:00

Heat: 7/10 Lane : 5 Athlete: BENNANI MARYAM					Q-time: 01:07:55
PB (50m pool): 01:07.55 Antwerpen 27/07/2025			PB (25m pool): 01:06.04 SB: 01:10.04 Aalst 26/04/2026		
	5 0 M	1 0 0 M			
PB	00:32.88	01:07.55			
	00:32.88	00:34.67			
					

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN Heat:7, starttime: 10:47

Heat: 7/8 Lane : 6 Athlete: BENNANI WALID					Q-time: 00:59:56
PB (50m pool): 00:59.56 Charleroi 15/02/2026			PB (25m pool): 00:58.20 SB: 00:59.56 Charleroi 15/02/2026		
	5 0 M	1 0 0 M			
PB	00:28.94	00:59.56			
	00:28.94	00:30.62			
					

Coach feedback: